

THE VICARAGE

Week 1	<u>Breakfast</u>	<u>Lunch</u>	<u>Light lunch option</u>	<u>Lunch dessert</u>	<u>Dinner</u>
Monday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Meat & potato pie A medley of vegetables	Omelette selection	Strawberry cream sponge	Cheese pie Strawberry jam & Cream scones Assortment of freshly cut Sandwiches
Tuesday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Poached fish Hollandaise sauce Potatoes & A medley of vegetables	Jacket potato Cheese & beans Salad Coleslaw	Fruit crumble Custard	Corned Beef Hash Earl Grey fruitcake Assortment of freshly cut Sandwiches
Wednesday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Toad in the hole Red onion gravy Potatoes & A medley of vegetables	Cheesy Bubble & Squeak	Coconut sponge Custard	Tuna Fishcakes Fruit tart Assortment of freshly cut Sandwiches
Thursday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Gammon & Parsley sauce Potatoes & A medley of vegetables	Jacket filled Shepard's pie	Fruit pie & Vanilla custard	Salmon & leek tart Victoria sponge Assortment of freshly cut Sandwiches
Friday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Crispy battered Haddock (skin on) Chipped potatoes Garden peas	Sausage & chips Peas	Bakewell tart Served with Vanilla custard	Potato Boats filled Chicken & Mushrooms Green leaves Chocolate brownies Assortment of freshly cut Sandwiches

Saturday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Beef Hot Pot Served with Baked winter vegetables	Cassoulet or Omelette selection	Banana Bread & Butter pudding Served with Vanilla custard	Cheese potato Gratin Strawberry Mousse & Shortbread Assortment of freshly cut Sandwiches
Sunday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Roast chicken, seasoning, Potatoes & A medley of vegetables	Selection of freshly made salads	Cherry pie Vanilla cream custard	Buffet tea Selection of small freshly cut sandwiches & pasties, Fresh cream gateau
<p style="text-align: center;">Mid morning everyday: Tea, Coffee, Biscuits or Fruit A selection of cold drinks, fruit juices & water are available throughout the day</p>			<p style="text-align: center;">Afternoon Tea everyday: Tea, Coffee, Biscuits or Fruit An assortment of Cakes</p>		
<p style="text-align: center;">Dinner: A selection of freshly cut sandwiches & salad A hot light meal & dessert or Milk pudding choice for soft diet is always served with dinner</p>					
<p style="text-align: center;">We aim to provide our residents with a varied, nutritional and well balanced diet, catering for all individual dietary requirements and requests. We serve three main meals daily as well as morning and afternoon drinks. Residents may choose to eat their main meal at lunch or dinner time. Sandwiches are offered at supper time along with a selection of hot beverages.</p> <p style="text-align: center;">Menus are subject to change</p>					

THE VICARAGE

Week 2	<u>Breakfast</u>	<u>Lunch</u>	<u>Light lunch option</u>	<u>Lunch dessert</u>	<u>Dinner</u>
Monday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Steak & Ale pie Potatoes A medley of vegetables	Omelette selection	Chefs selection	Crispy Fish sticks Cherry scones
Tuesday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Cod in tomato sauce Potatoes A medley of vegetables	Vegetable tart	Pineapple upside down pudding Custard	Mini Cornish pasties Buttered Malt bread
Wednesday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Pork & leek Sausage Mash Vegetables	Cheesy mash Baked beans	Fresh fruit flan	Scrambled egg on toast Custard slice
Thursday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Ham & Parsley sauce Mashed Potatoes Vegetables	Jackets potato Cole slaw Salad	Pear Bakewell tart Custard	Cheese & potato pie Tea bread Butter & fruit perverse
Friday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Bread crumbed Salmon fingers Chips Peas	Egg & chips Beans	Coffee & ginger pudding Toffee sauce	Ham & cheese filled Potato Boat Green leaves Manchester tart

Saturday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Mince Beef Hotpot	Broccoli cheese	Cherry flan served with vanilla custard	Vegetable tart Fresh fruit flan served with vanilla custard cream
Sunday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Slow Roast Brisket of Beef Yorkshire pudding Potatoes Medley of vegetables	Selection of freshly made salads	Apple tart Carmel sauce	Buffet tea Selection of small freshly cut sandwiches & pasties, Fresh cream gateau

Mid morning everyday:
Tea, Coffee, Biscuits or Fruit
A selection of cold drinks, fruit juices & water are available
throughout the day

Afternoon Tea everyday:
Tea, Coffee, Biscuits or Fruit
An assortment of Cakes

Dinner:
A selection of freshly cut sandwiches & salad
A hot light meal & dessert or Milk pudding choice for soft diet
is always served with dinner

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We serve three main meals daily as well as morning and afternoon drinks.
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THE VICARAGE

Week 3	<u>Breakfast</u>	<u>Lunch</u>	<u>Light lunch option</u>	<u>Lunch dessert</u>	<u>Dinner</u>
Monday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Shepherd's pie Potatoes A medley of vegetables	Vegetable Omelette	Chocolate Sponge pudding Mint chocolate sauce	Broad beans & Bacon Treacle tart
Tuesday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Smoked Haddock Crumble Cheese sauce Potatoes A medley of vegetables	Jacket potato Cole slaw Salad	Marble sponge pudding	Tomato & bacon tart Banana & vanilla mousse
Wednesday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Beef stew & dumplings	Beer battered sausage Potatoes A medley of vegetables	Cheese cake	Welsh rarebit Victoria sandwich
Thursday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Lambs liver & bacon Potatoes A medley of vegetables	Toad in the hole Potatoes A medley of vegetables	Lemon drizzle sponge pudding	Corn Beef Hash Jam tart selection
Friday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Plaice Goujons with Wholemeal crumb Chunky chips Peas	Sausage & Chips Peas	Bananas Vanilla custard Shortbread	Shepherds filled Potato boats Green leaves Apple flapjack

Saturday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Chicken Potatoes A medley of vegetables	Vegetable crumble Potatoes A medley of vegetables	Baked bananas Rum & chocolate sauce	Omelette choice Salad selection Coconut sponge
Sunday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Roast Pork Seasoning Apple sauce Potatoes A medley of vegetables	Selection of freshly made salads	Fruit crumble Vanilla cream custard	Buffet tea Selection of small freshly cut sandwiches & pasties, Fresh cream gateau

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Afternoon Tea everyday:
Tea, Coffee, Biscuits or Fruit
An assortment of Cakes

Dinner:
A selection of freshly cut sandwiches & salad
A hot light meal & dessert or Milk pudding choice for soft diet
is always served with dinner

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Week 4	<u>Breakfast</u>	<u>Lunch</u>	<u>Light lunch option</u>	<u>Lunch dessert</u>	<u>Dinner</u>
Monday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Chicken & ham pie Potatoes A medley of vegetables	Omelette selection	Bread & butter pudding	Home Baked Cheese scones Semolina
Tuesday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Fishermen's pie Potatoes A medley of vegetables	Jacket potato Cheese Salad	Queen of Pudding Vanilla custard	Sausages on rolls Rice pudding
Wednesday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Mince Beef & Onion A medley of vegetables	Vegetable tart	Eve's pudding Vanilla custard	Baked beans on toast Lemon tart Whipped cream
Thursday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Beef Hotpot Potatoes A medley of vegetables	Homemade Sausage Roll	Sticky Toffee pudding Caramel sauce	Breaded Chicken Fingers Pickles Rock cakes
Friday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Beer Battered Cod Deep Fried Chunky chips Mushy peas	Egg & Chips Baked Beans	Lamingtons Coconut & jam sponge Custard	Minted Lamb filled Potato Boats Green leaves Banana bread

Saturday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Beef cobbler with Potatoes A medley of vegetables	Vegetable pie Potatoes A medley of vegetables	Rice pudding	Omelette choice Baked egg custard
Sunday	Full English breakfast Bacon & sausage Black pudding, Fried, scrambled or Poached eggs Fresh fruit Porridge French toast	Roast Shoulder of Lamb Mint sauce Potatoes A medley of vegetables	Selection of freshly made salads	Lemon Meringue Pie	Buffet tea Selection of small sandwiches & pasties, Fresh cream gateau

<p>Mid morning everyday: Tea, Coffee, Biscuits or Fruit A selection of cold drinks, fruit juices & water are available throughout the day</p>	<p>Afternoon Tea everyday: Tea, Coffee, Biscuits or Fruit An assortment of Cakes</p>
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Dinner:
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 A hot light meal & dessert or Milk pudding choice for soft diet
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